

Coffee

Kenyan Dawn

Net. Wt: 0.21oz (6.0g)
Product of England

Nutritional facts

Serving Size: 1 Sachet
Amount Per Serving:
Calories: 0

Total fat	0 g
- Saturated fat	0 g
- Trans fat	0 g
Cholesterol	0 mg
Sodium	0 mg
Total Carbohydrate	0 g
- Diet fibre	0 g
- Sugars	0 g
Protein	0 g
Caffeine	70 mg

Ingredients: 100% kenya roast & ground coffee



1 2 3 4 5 5+
Mild = 1
Strong = 5

Sumatra

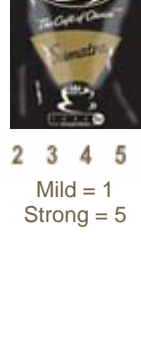
Net. Wt: 0.30oz (8.5g)

Nutritional facts

Serving Size: 1 Sachet
Amount Per Serving:
Calories: 0

Total fat	0 g
- Saturated fat	0 g
- Trans fat	0 g
Cholesterol	0 mg
Sodium	0 mg
Total Carbohydrate	0 g
- Diet fibre	0 g
- Sugars	0 g
Protein	0 g
Caffeine	140 mg

Ingredients: 100% sumatra roast & ground coffee



1 2 3 4 5 5+
Mild = 1
Strong = 5

Smooth Roast

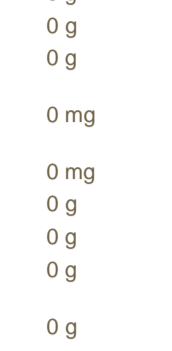
Net. Wt: 0.22oz (6.3g)
Product of England

Nutritional facts

Serving Size: 1 Sachet
Amount Per Serving:
Calories: 0

Total fat	0 g
- Saturated fat	0 g
- Trans fat	0 g
Cholesterol	0 mg
Sodium	0 mg
Total Carbohydrate	0 g
- Diet fibre	0 g
- Sugars	0 g
Protein	0 g
Caffeine	70 mg

Ingredients: 100% roast & ground coffee



1 2 3 4 5 5+
Mild = 1
Strong = 5

Colombia

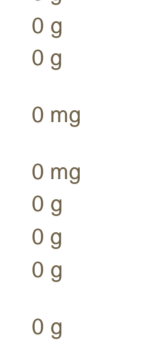
Net. Wt: 0.25oz (7.0g)
Product of England

Nutritional facts

Serving Size: 1 Sachet
Amount Per Serving:
Calories: 0

Total fat	0 g
- Saturated fat	0 g
- Trans fat	0 g
Cholesterol	0 mg
Sodium	0 mg
Total Carbohydrate	0 g
- Diet fibre	0 g
- Sugars	0 g
Protein	0 g
Caffeine	90 mg

Ingredients: 100% colombia roast & ground coffee



1 2 3 4 5 5+
Mild = 1
Strong = 5

Espresso Roast

Net. Wt: 0.23oz (6.5g)
Product of England

Nutritional facts

Serving Size: 1 Sachet
Amount Per Serving:
Calories: 0

Total fat	0 g
- Saturated fat	0 g
- Trans fat	0 g
Cholesterol	0 mg
Sodium	0 mg
Total Carbohydrate	0 g
- Diet fibre	0 g
- Sugars	0 g
Protein	0 g
Caffeine	120 mg

Ingredients: 100% roast & ground coffee



1 2 3 4 5 5+
Mild = 1
Strong = 5

Mild Roast

Net. Wt: 0.14oz (4.0g)
Product of England

Nutritional facts

Serving Size: 1 Sachet
Amount Per Serving:
Calories: 0

Total fat	0 g
- Saturated fat	0 g
- Trans fat	0 g
Cholesterol	0 mg
Sodium	0 mg
Total Carbohydrate	0 g
- Diet fibre	0 g
- Sugars	0 g
Protein	0 g
Caffeine	50 mg

Ingredients: 100% roast & ground coffee



1 2 3 4 5 5+
Mild = 1
Strong = 5

Decaffeine

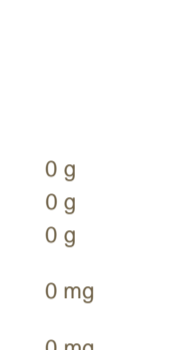
Net. Wt: 0.23oz (6.5g)

Nutritional facts

Serving Size: 1 Sachet
Amount Per Serving:
Calories: 0

Total fat	0 g
- Saturated fat	0 g
- Trans fat	0 g
Cholesterol	0 mg
Sodium	0 mg
Total Carbohydrate	0 g
- Diet fibre	0 g
- Sugars	0 g
Protein	0 g
Caffeine	4 mg

Ingredients: decaffeinated roast & ground coffee



1 2 3 4 5 5+
Mild = 1
Strong = 5

Hazelnut

Net. Wt: 0.23oz (6.5g)
Product of England

Nutritional facts

Serving Size: 1 Sachet
Amount Per Serving:
Calories: 5

Total fat	0 g
- Saturated fat	0 g
- Trans fat	0 g
Cholesterol	0 mg
Sodium	0 mg
Total Carbohydrate	1 g
- Diet fibre	0 g
- Sugars	0 g
Protein	0 g
Caffeine	50 mg

Ingredients: roast & ground coffee, flavouring



Rich Roast

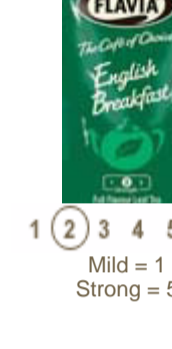
Net. Wt: 0.23oz (6.5g)
Product of England

Nutritional facts

Serving Size: 1 sachet
Amount Per Serving:
Calories: 0

Total fat	0 g
- Saturated fat	0 g
- Trans fat	0 g
Cholesterol	0 mg
Sodium	0 mg
Total Carbohydrate	0 g
- Diet fibre	0 g
- Sugars	0 g
Protein	0 g
Caffeine	90 mg

Ingredients: 100% roast & ground coffee



1 2 3 4 5 5+
Mild = 1
Strong = 5

Italian Roast

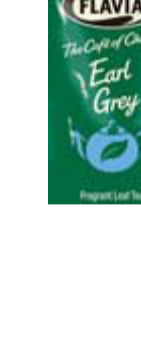
Net. Wt: 0.25oz (7.0g)
Product of England

Nutritional facts

Serving Size: 1 Sachet
Amount Per Serving:
Calories: 0

Total fat	0 g
- Saturated fat	0 g
- Trans fat	0 g
Cholesterol	0 mg
Sodium	0 mg
Total Carbohydrate	0 g
- Diet fibre	0 g
- Sugars	0 g
Protein	0 g
Caffeine	120 mg

Ingredients: 100% roast & ground coffee



1 2 3 4 5 5+
Mild = 1
Strong = 5

Tea

English Breakfast

Net. Wt: 0.10oz (2.8g)

Nutritional facts

Serving Size: 1 Sachet
Amount Per Serving:
Calories: 0

Total fat	0 g
- Saturated fat	0 g
- Trans fat	0 g
Cholesterol	0 mg
Sodium	0 mg
Total Carbohydrate	0 g
- Diet fibre	0 g
- Sugars	0 g
Protein	0 g
Caffeine	50 mg

Ingredients: 100% black leaf tea



1 2 3 4 5 5+
Mild = 1
Strong = 5

Earl Grey

Net. Wt: 0.06oz (1.8g)

Nutritional facts

Serving Size: 1 Sachet
Amount Per Serving:
Calories: 0

Total fat	0 g
- Saturated fat	0 g
- Trans fat	0 g
Cholesterol	0 mg
Sodium	0 mg
Total Carbohydrate	0 g
- Diet fibre	0 g
- Sugars	0 g
Protein	0 g
Caffeine	40 mg

Ingredients: black leaf tea, flavouring



Royal Blend

Net. Wt: 0.11oz (3.2g)

Nutritional facts

Serving Size: 1 Sachet
Amount Per Serving:
Calories: 0

Total fat	0 g
- Saturated fat	0 g
- Trans fat	0 g
Cholesterol	0 mg
Sodium	0 mg
Total Carbohydrate	0 g
- Diet fibre	0 g
- Sugars	0 g
Protein	0 g
Caffeine	60 mg

Ingredients: 100% black leaf tea



1 2 3 4 5 5+
Mild = 1
Strong = 5

Selection

Net. Wt: 0.09oz (2.5g)

Nutritional facts

Serving Size: 1 Sachet
Amount Per Serving:
Calories: 0

Total fat	0 g
- Saturated fat	0 g
- Trans fat	0 g
Cholesterol	0 mg
Sodium	0 mg
Total Carbohydrate	0 g
- Diet fibre	0 g
- Sugars	0 g
Protein	0 g
Caffeine	40 mg

Ingredients: 100% black leaf tea



1 2 3 4 5 5+
Mild = 1
Strong = 5

English Breakfast Decaffeinated

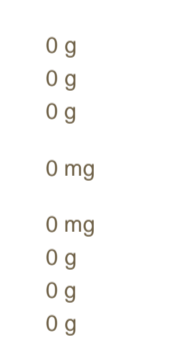
Net. Wt: 0.11oz (3.0g)

Nutritional facts

Serving Size: 1 Sachet
Amount Per Serving:
Calories: 0

Total fat	0 g
- Saturated fat	0 g
- Trans fat	0 g
Cholesterol	0 mg
Sodium	0 mg
Total Carbohydrate	0 g
- Diet fibre	0 g
- Sugars	0 g
Protein	0 g
Caffeine	4 mg

Ingredients: decaffeinated black leaf tea



Wellbeing

Blueberry Balance

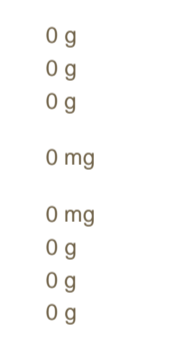
Net. Wt: 0.11oz (3.0g)

Nutritional facts

Serving Size: 1 Sachet
Amount Per Serving:
Calories: 0

Total fat	0 g
- Saturated fat	0 g
- Trans fat	0 g
Cholesterol	0 mg
Sodium	0 mg
Total Carbohydrate	0 g
- Diet fibre	0 g
- Sugars	0 g
Protein	0 g
Caffeine	0 mg

Ingredients: Hibiscus, apple pieces, natural flavourings, rosehips, blueberry pieces, echinacea herb, cinnamon bark



Japanese Green Tea

Net. Wt: 0.11oz (3.0g)

Nutritional facts

Serving Size: 1 Sachet
Amount Per Serving:
Calories: 0

Total fat	0 g
- Saturated fat	0 g
- Trans fat	0 g
Cholesterol	0 mg
Sodium	0 mg
Total Carbohydrate	0 g
- Diet fibre	0 g
- Sugars	0 g
Protein	0 g
Caffeine	30 mg

Ingredients: 100% Japanese green tea



Raspberry Spark

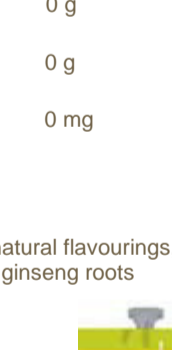
Net. Wt:

Nutritional facts

Serving Size: 1 Sachet
Amount Per Serving:
Calories: 0

Total fat	0 g
- Saturated fat	0 g
- Trans fat	0 g
Cholesterol	0 mg
Sodium	0 mg
Total Carbohydrate	0 g
- Diet fibre	0 g
- Sugars	0 g
Protein	0 g
Caffeine	0 mg

Ingredients: Hibiscus, apple pieces, blackberry leaves, natural flavourings, citric acid, rosehips, lemon peels, ginkgo leaves, ginseng roots



Green Tea with Jasmine

Net. Wt: 0.00oz (0.0g)

Nutritional facts

Serving Size: 1 Sachet
Amount Per Serving:
Calories: 0

Total fat	0 g
- Saturated fat	0 g
- Trans fat	0 g
Cholesterol	0 mg
Sodium	0 mg
Total Carbohydrate	0 g
- Diet fibre	0 g
- Sugars	0 g
Protein	0 g
Caffeine	0 mg

Ingredients:



Lemon Calm

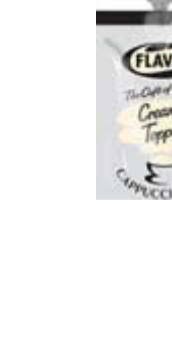
Net. Wt: 0.11oz (3.0g)

Nutritional facts

Serving Size: 1 Sachet
Amount Per Serving:
Calories: 0

Total fat	0 g
- Saturated fat	0 g
- Trans fat	0 g
Cholesterol	0 mg
Sodium	0 mg
Total Carbohydrate	0 g
- Diet fibre	0 g
- Sugars	0 g
Protein	0 g
Caffeine	0 mg

Ingredients: rosehips, apple pieces, lemon peel, natural flavouring, citric acid



Indulgence

Creamy Topping

Net. Wt: 0.32oz (9.0g)

Nutritional facts

Serving Size: 1 Sachet
Amount Per Serving:
Calories: 36

Total fat	0.9 g
- Saturated fat	0.9 g
- Trans fat	0 g
Cholesterol	0 mg
Sodium	9 mg
Total Carbohydrate	6 g
- Diet fibre	0 g
- Sugars	6 g
Protein	3 g
Caffeine	0 mg

Ingredients: Skimmed milk solids, dried glucose syrup, hydrogenated vegetable fat, stabiliser: e340, anti-caking agent: e551



FLAVIA MARS Swirl

Net. Wt: 0.35oz (10.0g)

Nutritional facts

Serving Size: 1 Sachet
Amount Per Serving:
Calories: 48

Total fat	1.9 g
- Saturated fat	1.8 g
- Trans fat	0 g
Cholesterol	0 mg
Sodium	20 mg
Total Carbohydrate	7.4 g
- Diet fibre	0 g
- Sugars	5.3 g
Protein	0.3 g
Caffeine	0 mg

Ingredients: Sugar, dried glucose syrup, hydrogenated vegetable fat, malt extract: barley, caramel flavouring, milk protein, stabilizers: e340, e 331, lactose, anti-caking agents: e554, e341, ethylvanillin, emulsifier: e471, e481, sweeteners: aspartame, acesulfam k, low fat cocoa powder, colour: carotene



Choco

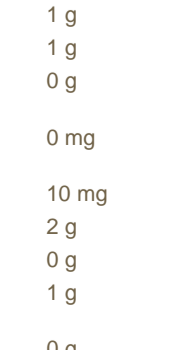
Net. Wt: 0.62oz (17.5g)

Nutritional facts

Serving Size: 1 Sachet
Amount Per Serving:
Calories: 68

Total fat	0.5 g
- Saturated fat	0.5 g
- Trans fat	0 g
Cholesterol	0 mg
Sodium	88 mg
Total Carbohydrate	12 g
- Diet fibre	1 g
- Sugars	12 g
Protein	3 g
Caffeine	2.6 mg

Ingredients: Sugar, skimmed milk powder, fat reduced cocoa powder, hydrogenated vegetable oil, dried glucose syrup, salt, milk protein, emulsifiers: e471, e322, stabilisers: e340, e331c, flavouring, anti-caking agent: e551



Exotic Chai

Net. Wt: 0.06oz (1.7g)

Nutritional facts

Serving Size: 1 Sachet
Amount Per Serving:
Calories: 0

Total fat	0 g
- Saturated fat	0 g
- Trans fat	0 g
Cholesterol	0 mg
Sodium	0 mg
Total Carbohydrate	0 g
- Diet fibre	0 g